Itinerary Road Cycling





Road Cycling
#discoverlacks
#adventureiscalling

Discover Clackmannanshire Adventure is Calling ...

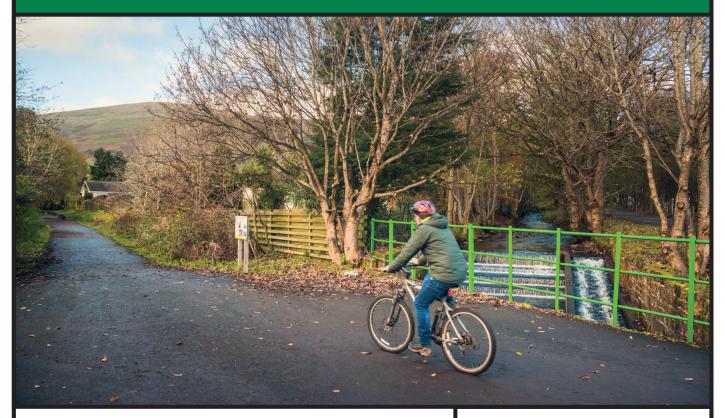


Clackmannanshire lies between the majestic Ochil Hills and the River Forth and provides the perfect year-round base to explore the stunning countryside, medieval castles and tower houses, an impressive collection of public art and an excellent range of outdoor activities.

For leisure, there is Sterling Mills Outlet Shopping Village, five golf courses, a luxury spa, a fantastic choice of hotels, B&B's, cottages and campsites, and a variety of places for pub grub, light bites and fine dining.

To help visitors to the area enjoy exploring our beautiful natural assets, we have created a number of Itineraries with handy hints and tips!

HILLFOOTS CYCLING LOOP



A fantastic cycling loop for all the family with most of the route off-road on paved surfaces.

Distance: 20.6km, Time: 1.5-2 hours

You can start anywhere on this route, however, we would recommend one of the following starting points:

Alloa Town Centre - Alloa Railway Station, Alloa, FK10 1BA. You can find free parking next to this location.

Sterling Mills Shopping Outlet Village - Tillicoultry, FK13 6HQ. There are shops, cafes, free parking and toilet facilities available here.

Menstrie - Dumyat Leisure Centre, Menstrie, FK11 7BL. At this location you can find free parking, motorhome bay and e-charging stations.

Check out the fascinating Alloa Tower and Jump n Joy trampoline park which you will pass on the loop!



TOP TIP

Pre-book family activities prior to arrival to avoid disappointment!

FORTH TWO BRIDGES

Walker Street Car Park, Kincardine, FK10 4NT



A stunning 59km loop taking in the sights along the River Forth, crossing both the Kincardine and Forth Road Bridges.

Distance: 59km, Time: 2-3 hours

Where to Start - Start in Kincardine, where you will find free parking in the village at Walker Street Car Park.



TOP TIP

Alloa Cycle Repairs A: Unit 19, Alloa Trading Centre, Alloa, FK10 1RX T: (01259) 222747

E-BIKE ROUTES



Hiring an E-Bike to explore the area couldn't be easier; download the Forth Bike app, create an account/login, and explore the various E-bike stations around Clackmannanshire and Falkirk. Once you have chosen your station, use the app to check the charge in each docked bike, input the bike number, unlock the bike and you're good to go!

Explore Clackmannanshire on day one with the Hillfoots Loop (see page 3). Cross Clackmannanshire Bridge and explore Falkirk with our E-Bike route created by Forth Bikes.

Distance: 67km, Time: 3 days (or can be split into 3 different routes)

Where to Start - E-Bikes can be found in Clackmannanshire at 3 points on the Hillfoots Loop at Alloa Railway Station, Sterling Mills Shopping Outlet Village, Tillicoultry and Dumyat Centre, Menstrie.

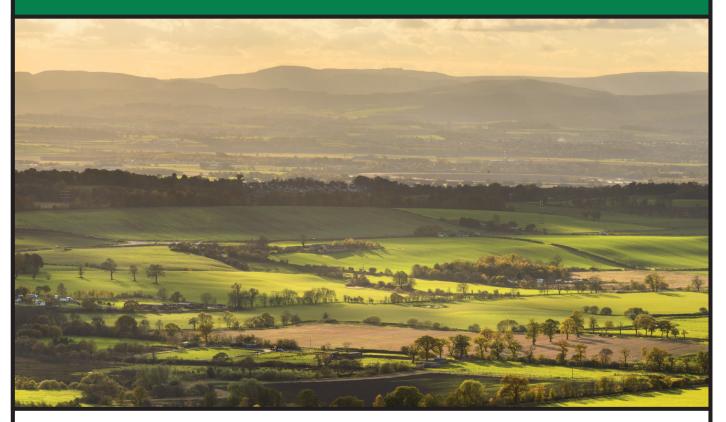
Toilet facilities can be found at Sterling Mills, Tillicoultry.



TOP TIP

Enjoy a 3 day E-bike tour taking in the attractions of Falkirk and Clackmannanshire

TRANSPORT & GENERAL INFORMATION



PUBLIC TRANSPORT

Clackmannanshire sits in the very heart of Scotland and has great road, rail and bus links from across the Country. To plan your journey using public transport, call 0871 200 2233 or visit isit www.travelinescotland.com.

Train - For times and fare information for Alloa Train Station, visit www.scotrail.co.uk

Bus - First Bus operate routes across the entire Forth Valley area. For routes, times and fare information, visit www.firstgroup.com

EMERGENCIES

In an emergency, phone 999 and ask for the service you require.

OCHILS MOUNTAIN RESCUE

In an emergency, phone 999 and ask for police, then mountain rescue.

GENERAL WARNING

Please be prepared for the activity you are going to undertake and use appropriate footwear. Please be very careful in winter weather conditions. Keep dogs under control. Please take your litter home or dispose in the nearest bin.